



VEHICLE SECURITY AND VICTIM AVOIDANCE PROGRAM
“For working and traveling in Mexico”

PROGRAM OVERVIEW

Crossroads Training Academy, regularly presents standard and customized courses in protective/emergency vehicle operations, threat mitigation, and security awareness. We have presented these courses to members of private industry, law enforcement, government and the public sector.

The Vehicle Security and Victim Avoidance Program consists of 1.5 days of intensive, classroom presentations and hands-on emergency driving training. The program is designed for expatriates, office personnel, and business travelers. Our presentations are designed to raise the attendee’s awareness and enhance the student’s safety and confidence when traveling or conducting business in Mexico.

The vehicle training will consist of a series of exercises designed to give the participants an understanding of the physical forces placed on a vehicle when it is in motion; driver awareness and security concepts as they relate to vehicle operations with an emphasis on pre-attack surveillance detection, route planning, and counter ambush techniques.

CLASSROOM SUBJECTS

Vehicle Security

The Driver, the Car, and the Road

Participants will learn about the “Driver’s Triangle” and how it applies to what goes right and what goes wrong every time a driver is put into a potential vehicle emergency. Participants will also learn about the human body’s physiological reaction to emergencies and how the flight-or-flight response applies to driving emergencies. Finally, participants will understand the feet-per-second concept and why it is a more useful unit of measure for drive-time emergencies than miles-per-hour.

Vehicle Dynamics

Participants will turn driving into math and understand the physical forces that act upon vehicles in motion. In particular, participants will understand the friction that is created between the tire contact patches and the road surface and the effect of lateral acceleration on the contact patches’ ability to control the vehicle.



Vehicle Security

We will discuss before, during, and post vehicle operations security procedures. Participants will learn the importance of pre-attack counter surveillance and route planning in conducting vehicle operations. Participants will review the problems with and the solutions for safe transportation.

Victim Avoidance

Personal Security while working, driving, and at home

Security recommendations are discussed for personal protection while in public and at home

Overview of Kidnappings in Mexico

This is a discussion on current crime trends and modus operandi kidnappers use today to abduct their victims.

Type of Kidnappings in Mexico

A description is given of the three types of kidnappings i.e. Express, Ransom, and Virtual.

The assailants, who are they?

This is a discussion on the various types of individuals and gangs i.e. professionals, novices, organized groups, involved in kidnap and other crime in Mexico

Prevention Techniques - Minimizing exposure

The need to maintain a low profile and not draw attention to ones self is the focus of the discussion

Initial Assault Dangers

How a victim responds to the initial assault can be the difference between life and death. In this discussion, ideal reaction techniques to an assault are discussed.

Managing the Assailant

Establishing a "relationship" with the assailant increases the chances of surviving. In this discussion communication techniques are discussed.

Behaving during Kidnapping

How a kidnapped victim behaves during captivity can make a difference between life and death. Recommended behavior techniques are discussed in this segment of the presentation.

Avoiding and Surviving other Random act of Violence

Discussion on other common acts of violence and how to recognize and avoid becoming a victim.



PRACTICAL EXERCISES

Slalom Exercise

Participants will drive through a four-cone slalom to master the fundamentals of seating and hand position; aggressive and smooth steering; ocular driving; and the control of lateral acceleration.

Brake and Turn (Emergency Braking) Exercise

Participants will learn how to use maximal braking while retaining directional vehicle control.

Lane Change (Evasive Maneuver) Exercise

Participants will learn how to quickly react to a vehicle emergency in which they must make split-second decisions while maintaining vehicular control.

K-Slalom Exercise

Participants will learn how to precisely control a vehicle while rapidly backing up.

Vehicle Contact

Participants will receive instructions on how to effectively utilize their vehicle in a variety of "Contact" ramming scenarios. **(This course will not include any actual contact drills, unless specifically requested)**

Counter Car Jack Exercise

Participants will learn how to effectively defend against a typical carjacking attempt.

Counter-Ambush Exercise

Participants will drive through an obstacle course in which they will put to use all of the skills they will have learned and practiced while attempting to escape a violent vehicle attack.

